

## Trinity Sunday 8<sup>th</sup> June 2020

### Collect

Holy God, Faithful and unchanging

Enlarge our minds with the knowledge of your truth and draw us more deeply into the mystery of your love, that we may truly worship you,

Father Son and Holy Spirit, One God, now and forever

Amen

### **Isaiah 40:12-17, 27-end**

Who has measured the waters in the hollow of his hand and marked off the heavens with a span,  
enclosed the dust of the earth in a measure, and weighed the mountains in scales and the hills in a balance?

Who has directed the spirit of the Lord, or as his counsellor has instructed him?

Whom did he consult for his enlightenment, and who taught him the path of justice?

Who taught him knowledge, and showed him the way of understanding?

Even the nations are like a drop from a bucket, and are accounted as dust on the scales; see, he takes up the isles like fine dust.

Lebanon would not provide fuel enough, nor are its animals enough for a burnt-offering.

All the nations are as nothing before him; they are accounted by him as less than nothing and emptiness.

Why do you say, O Jacob, and speak, O Israel,

‘My way is hidden from the Lord, and my right is disregarded by my God’?

Have you not known? Have you not heard?

The Lord is the everlasting God, the Creator of the ends of the earth.

He does not faint or grow weary; his understanding is unsearchable.

He gives power to the faint, and strengthens the powerless.

Even youths will faint and be weary, and the young will fall exhausted;

but those who wait for the Lord shall renew their strength, they shall mount up with wings like eagles, they shall run and not be weary, they shall walk and not faint.

### **2 Corinthians 13:11-end**

Finally, brothers and sisters, farewell. Put things in order, listen to my appeal, agree with one another, live in peace; and the God of love and peace will be with you. Greet one another with a holy kiss. All the saints greet you.

The grace of the Lord Jesus Christ, the love of God, and the communion of the Holy Spirit be with all of you.

### **Matthew 28:16-20**

Now the eleven disciples went to Galilee, to the mountain to which Jesus had directed them. When they saw him, they worshipped him; but some doubted. And Jesus came and said to them, ‘All authority in heaven and on earth has been given to me. Go therefore and make disciples of all nations, baptizing them in the name of the Father and of the Son and of the Holy Spirit, and teaching them to obey everything that I have commanded you. And remember, I am with you always, to the end of the age.’

## **Reflection**

Today is Trinity Sunday – always difficult to explain! The Trinity tells us that God is, for want of a better word, a community – of perfect, unbroken, personal relationships. God is love, and love only exists in relationship with others. I thought this was an important thing for us to focus on as we continue in our altered reality because love and relationship can and does remain and flourish even in these circumstances.

But I also took great comfort this week in our reading from Isaiah, which as I have said many times before, contains some of my favourite verses in the Old Testament. In particular it is this part: he gives power to the faint, and strengthens the powerless. Even youths will faint and be weary and the young will fall exhausted; but those who wait for the Lord shall renew their strength and shall mount up with wings like eagles, they shall run and not be weary, they shall walk and not faint.

Who among us is not feeling weary, and very powerless in the face of all the change that one tiny virus has made in our lives.

Sometimes we soar over all the lumps and bumps in the road of life. Sometimes we feel we cannot even crawl over any more of life's problems but we can keep struggling until we get where we want to be. And sometimes we just have to hope we don't crash and burn!

And when you are struggling –the very best way to get over the lumps and bumps in the road is to have others to help and support you, to be in relationship with other people, and with God. The Trinity, even if difficult to understand and agree on, is still very important, because relationships are important.

Father, Son and Holy Spirit are linked and mutually supportive, each essential to the whole. So this Trinity Sunday may we remember that relationships with, and support of, other people – even at a distance - is a vital part of our faith.

May the Lord bless each one of you and give you his peace....